



Ready, Set, Walk!

Resources are now finalised for participating local primary schools for Walk to School 2015.

For some schools the Walk to School Passport developed by Council will allow students to track their walks and the interesting things they see along the way to school. Other schools will use bright, colourful classroom calendars to record walks by the students.

Although Walk to School is technically celebrated during the month of October, all participating schools will receive sport store vouchers or family passes to the local swimming pool as encouragement to keep being active long after the special month has ended.

“October is a great time to start walking because Gippsland’s fabulous spring sunshine makes it a pleasure to get out of the house and the car!” said Council’s Social Planning Officer, Vicki Bradley. “Children who take part in Walk to School will be building healthy habits for life and could win some great prizes for their family and their school.”

Participating schools will have the chance to win some fantastic regional prizes from VicHealth's official community partners, Cricket Victoria and the Melbourne Stars.

“The program is not just about encouraging physical activity to keep healthy,” Mrs Bradley explained. “Many schools will celebrate Walk to School with a shared breakfast including a variety of healthy foods that help educate young people on the most important meal of the day.”

For more information on participating schools, contact Vicki Bradley on 5662 9200.

Caption: Council’s Walk to School Passport helps students track their walks.

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