

Mayor Gives a Hand to Volunteering

South Gippsland Mayor Ray Argento delivered meals as part of the Meals on Wheels program this week to members of the South Gippsland community.

The event was organised in recognition of International Volunteers Day that was celebrated last week.

As a volunteer the Mayor was assisted by Council's Volunteer Officer Dana Hughes and Community Strengthening Officer Barbara Look to complete the delivery.

The Meals on Wheels program delivers meals to frail older people or people with disability and their carers. This helps to allow them to continue to live independently.

Council's Meals on Wheels program delivers almost 13,000 meals to 148 clients a year with the assistance of community volunteers.

As a volunteer the Mayor Ray Argento was pleased to help with the Meals on Wheels service and recognised the importance of volunteering.

"It was fantastic to take my turn in delivering meals to members of the community and experiencing first hand a typical day of a volunteer at Council.

"Our volunteers add significant value to the community and we are extremely grateful for their efforts each and every year.

"Without their service many programs could not be delivered to the standards they pride themselves on." said the Mayor.

Council is always looking for individuals who may wish to volunteer for a range of services including Meals on Wheels, Community Transport, Visitor Information Centres and Coal Creek.

Those interested can visit <u>www.southgippsland.vic.gov.au/volunteers</u> or contact Council on 5662 9200.

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