

# Mayor's Message



With April in full swing we are getting closer to Farm World which is being held at Lardner Park from 12 to 15 April. Farm World is widely regarded as one of Victoria's premier regional agricultural events and provides an ideal opportunity to get up close and chat with experts about the latest in technology, equipment and information.

In recent years, a strong focus has been made on the physical and mental wellbeing of our farmers and the importance of their health. This is significant to not only our farming community but everyone in our region as we function best when we all take the time and effort to support ourselves and others.

As part of this program Farm World has a free pitstop health check for farmers to get their flu injection and have a chat to a doctor. It's a reassuring quick check up to ensure everything is working well and keeps our farmers healthy so they can continue managing their farms. There are other opportunities too with the Big Gippsland Jersey Milk Off that has mental health chats between the milking and the weekend itself is a huge networking event for farmers.

One of the biggest events to come this year is Farm World's Fittest Farmer competition. The challenge will have farmers pitched against each other from each Gippsland council in order to prove their skill, fitness, speed and adeptness to take out the crown. I have no doubt that South Gippsland is home to some fit farmers and we will certainly be up for the competition.

Those interested in the challenge are encouraged to send an email to [marketing@lardnerpark.com.au](mailto:marketing@lardnerpark.com.au) to apply and for more information.

If you aren't planning to enter the challenge yourself, you can still take part in the day by coming along to the event and supporting our region's fittest farmers. Some of our farmers may need a bit of encouragement so make sure to help get their applications in and cheer them on the sidelines!

**Cr Lorraine Brunt**  
**Mayor**