



Unspoken: What Will Become of Me?

South Gippsland residents are invited to *Unspoken: What will become of me?* a free interactive event that addresses themes of ageing in a gentle and humourous environment.

The performance will be held at the Foster War Memorial Arts Centre on Wednesday 23 May with two sessions: 10.00am to 1.00pm and 5.00pm to 8.00pm.

This event will assist community members to have more control over their lives by providing the opportunity to discuss advanced care planning, palliative care and voluntary assisted dying.

The event is proudly presented by South Gippsland Shire Council, Foster Community Association, South Gippsland Hospital and Gippsland Funeral Services with thanks to the Victorian State Government, Health Issues Centre and Council on the Ageing.

South Gippsland Shire Council's Community Strengthening Officer Sophie Dixon said the event is an opportunity to have honest conversations in an open environment.

"Too often important conversations about end-of-life issues are initiated in clinical settings in response to an impending health crisis.

"*Unspoken: What will become of me?* is an invitation to explore end of life conversations in a safe way in a supportive environment," said Ms Dixon.

For more information or to book please contact Sophie Dixon on 5662 9200, email sophied@southgippsland.vic.gov.au or register online at www.trybooking.com/TUDB

Further information about the event is also available at www.facebook.com/TheJourneyEOL/

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For media enquiries, please contact the Communications team on 5662 9200
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