

## Municipal Public Health and Wellbeing Plan

At South Gippsland Shire Council's December Council Meeting, Councillors endorsed a report highlighting the year one actions implemented from the 2022-2026 Municipal Health and Wellbeing Plan.

The Municipal Public Health and Wellbeing Plan empowers individuals and communities to make better decisions about their health while reducing social disparity and addressing broader health outcomes. Reflecting on the achievements of this past year, Council remains committed to creating a healthier, more resilient community.

The Municipal Public Health and Wellbeing Plan addresses key health and wellbeing priorities including:

- Equity;
- Improving mental wellbeing;
- Increasing healthy and active lifestyles;
- Increasing healthy eating; and
- Tackling climate change.

Notable achievements this year include partnerships with Gippsland Women's Health to tackle family violence, promote community diversity and gender equality, and support mental health awareness and education programs.

Council has also successfully advocated for funding and resources leading to the announcement of a mental health clinic in Leongatha. Other achievements include the Community Leadership Program, youth involvement through the South Gippsland Youth Council, and various initiatives in promoting arts, culture and road safety.

The Plan also enabled a range of supports for volunteers, running of a Community Engagement Conference, and the delivery of the South Gippsland and Bass Coast Community Support Booklet which shows the

community health and wellbeing services available in these two regions. To view the Plan, please visit: www.southgippsland.vic.gov.au/municipalhealth

## **Quote attributable to Cr Clare Williams, Mayor South Gippsland Shire Council:**

"As we celebrate a one-year milestone in our commitment to community health, South Gippsland Shire Council is motivated to creating a healthy, resilient community while empowering individuals and the community to make better decisions about their health. I look forward to seeing what we can achieve in partnership with our community and health organisations in 2024."

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