

## Farmers Connecting over a Parma

On Thursday 19 June, South Gippsland Shire Council with the support from Agriculture Victoria, Dairy Australia, Gipps Dairy and NEX Business Farming Wellness, hosted a lunch for our local farmers, many of whom are being affected by the unseasonal dry conditions the region is currently facing.

'Parma for a Farmer' was an opportunity for over 40 members from our local farming community to come together to make connections, share knowledge and discuss farming issues, whilst enjoying an award-winning chicken parmigiana at the Korumburra Middle Hotel.

Kylie Holmes, from NEX Business Farming Wellness was guest speaker at the lunch. Kylie discussed the importance of helping yourself before helping others, emphasising the need to be okay before making productive decisions that shape not just today but, the week ahead and your long-term future.

The lunch was an opportunity for our farmers to discuss their concerns, access support services and share ideas of how to get through these upcoming challenges together.

If you or someone you know would benefit from additional resources, visit Council's Dry Season Support page at **www.southgippsland.vic.gov.au/dry\_season**. For mental health support, please reach out to one of the many support services available, including Lifeline on 131 113 or Agriculture Victoria's Drought Support page.

## Quote attributable to John Schelling, Mayor of South Gippsland Shire Council

"The Parma for a Farmer lunch was a great chance for our farmers to connect and create relationships with fellow community members going through similar difficulties. It was not only an opportunity for farmers to enjoy a good feed but also gain access to additional support.

Thank you to everyone that took the time out of their day to attend"

## PR2983 19/06/2025

For media enquiries, please contact the Communications team on 5662 9200 South Gippsland Shire Council, 9 Smith St. (Private Bag 4), Leongatha 3953 communications@southgippsland.vic.gov.au www.southgippsland.vic.gov.au