

Community Lunch - Friends of Mirboo North Aged Care

What: A community lunch for meeting new people - bookings required, call Mary on 0417 148 619.

When: 12.00pm, Monday 26 October.

Where: Friends of Mirboo North Aged Care.

Cost: A small fee.

U3A Seniors Extravaganza - U3A Prom Coast

What: Morning tea and concert, singing, dancing and socialising - for more information email info@u3apromcoast.com.au

When: 10.00am-12.00pm, Wednesday 28 October.

Where: Foster War Memorial Arts Centre.

Cost: Free.

Literature, Music, Film

Grandparents Storytime at the Library - Myli

What: A special Storytime for children to bring grandparents and significant others - no booking needed.

When: 10.30-11.00am, Friday 2 October.

Where: Leongatha Library.

When: 11.30am-12.00pm, Thursday 15 October.

Where: Mirboo North Library.

When: 10.30am-12.00pm, Friday 16 October.

Where: Foster Library - includes craft and morning tea.

When: 10.00-10.30am, Monday 19 October.

Where: Korumburra Library.

Cost: Free.

Author Talk Screening: Pip Williams - Myli

What: Afternoon tea while watching a recorded interview with social researcher Pip Williams - bookings required, call 5668 1528 or book online.

When: 2.30-4.00pm, Tuesday 13 October.

Where: Mirboo North Library.

Cost: Free.

Gippsland Symphony Orchestra: Community - Collaboration - Carmen - presented by Mirboo North Arts and Mirboo North Times.

What: A celebration of music, community and collaboration with GSO and local young performers.

When: 2.00-4.30pm, Sunday 25 October - bookings required, contact Mirboo North Arts on mirboonthartsinc@gmail.com

Where: Mirboo North Hall.

Cost: \$5.

Morning Tea and Making Memory Story Books - Myli

What: Morning tea and crafting a small book - bookings required, call 5662 4829 or book online.

When: Tuesday 27 October.

Where: Leongatha Library.

Cost: Free.

Surprise Movie Screening - Myli

What: A surprise movie screening at the library - call 5668 1528 to find out the title to be screened or drop in for a chat.

When: 2.30-4.30pm, Wednesday 28 October.

Where: Mirboo North Library.

Cost: Free.

Sunny Bus to Farmer's Market

What: Transport from Venus Bay and Tarwin Lower to Leongatha and Koonwarra for their local farmers markets (or shopping in Leongatha) - bookings required, call 5663 7499 or book online at Humanitix under the event 'Fresh Produce Market and Leongatha'.

When: 9.30am-1.30pm, Saturday 10 and 24 October.

Where: Meets at Venus Bay Community Centre.

Cost: \$5.



To see these events online, scan the QR code or visit:

www.southgippsland.vic.gov.au/seniorsfestival

South Gippsland Shire Council

Seniors Festival Events Program October 2026



Victorian
Seniors
Festival
2026



Seniors Festival Events in South Gippsland are supported by the Victorian Government and South Gippsland Shire Council.

Positive Ageing Expo

The Positive Ageing Expo is a FREE health and wellbeing event for older adults, carers and families.

At this event you will find a range of local health, aged care, community, transport, and support services for seniors.

When: 10.00am-1.00pm Thursday 15 October 2026.

Where: Leongatha Memorial Hall.

Walk-ins welcome – no need to book.

Come and enjoy complimentary CWA scones with jam and cream, tea and coffee, plus onsite immunisations and practical information to help you live well and stay connected.

Limited free transport is available from Venus Bay and Tarwin Lower - please contact Venus Bay Community Centre to book on 5663 7499

Exercise and Sport

Living Strong - hosted by Boofiit

What: Friendly group fitness - walk-ins welcome.

When: 10.00-11.00am, every Tuesday in October.

Where: Baromi Centre, Mirboo North.

Cost: Free trial class, then \$10 per class - 5 packs for \$39.

Gentle Movers - hosted by Boofiit

What: Gentle group exercise - book at 0438 989 077 or online.

When: 10.00-10.45am Fridays.

Where: Baromi Centre, Mirboo North.

Cost: \$15 per class.

Functional Movement Class - SPLASH

What: Friendly group fitness - bookings required.

When: 7.30-8.15am Tuesdays and Thursdays.

Where: YMCA SPLASH Leongatha.

Cost: Free during October.

Fitter for Life - Leongatha Gymnastics Club

What: Gymnastics class, catering to all levels - walk-ins welcome.

When: 9.00-9.45am Wednesdays.

Where: Leongatha Gymnastics Club.

Cost: Free trial class, then \$10 per class.



Better Balance - U3A Mirboo North & District

What: Gentle group exercise with a focus on balance - bookings required, call Cheryl on 0402 207 272.

When: 1.00-2.00pm Wednesdays.

Where: U3A Mirboo North & District Inc.

Cost: Free.

Golden Bowls at Tarwin Lower

What: Social bowls with coaching - walk-ins welcome, for enquiries call John on 0493 117 098.

When: 3.00-5.00pm Friday 2, 9, 16 and 23 October.

Where: Tarwin Lower Recreational Reserve.

Cost: Free.

Fun and Bowls at Loch

What: Social bowls for all stages and abilities - walk-ins welcome, for enquiries call Sue on 0408 565 988.

When: 1.30pm Sunday 11 October.

Where: Loch Bowls Club.

Cost: Free.

Golf Clinic at Meeniyan

What: With PGA Professional Trevor Hollingsworth - bookings required, call Graeme on 0418 369 707.

When: 10.00am-12.00pm Sunday 11, 18 & 25 October.

Where: Meeniyan Golf Club.

Cost: \$10 per session.

Information and workshops

Staying Behind the Wheel: Enhancing Your Driving Future - South Gippsland Shire Council

What: Workshop for older South Gippslanders wanting to remain safe, confident and independent on the road - no bookings required.

When: 1.00-3.30pm Friday 9 October.

Where: Foster War Memorial Arts Centre.

Cost: Free - light refreshments provided.

Nyora Men's Shed Open Day

What: Men's Shed open day - walk-ins welcome, for enquiries call Colin on 0438 353 869.

When: 9.00am-12.00pm Tuesday 13 October.

Where: Nyora Men's Shed.

Cost: Free.

Prom Country History - Myli

What: A talk from the Prom Country Historical Society and tour of the museum.

When: 10.30am-12.00pm Tuesday 27 October.

Where: Foster Library.

Cost: Free.

Chatty Cafe - Learning and Researching History of Local Residence - Myli

What: A talk from local expert Bob Newton about researching local residences and your own home - for bookings and enquiries call 5655 1105.

When: 3.00-4.30pm Wednesday 28 October.

Where: Korumburra Library.

Cost: Free.

Meals and Community

News and Views - U3A Mirboo North & District Inc.

What: A discussion group - bring along something you'd like to talk about! Registration required, call Cheryl on 0402 207 272

When: 10.00am, Tuesdays.

Where: Mirboo North Hotel.

Cost: Free.

Venus Bay Community Lunch - Venus Bay Community Centre

What: A free community lunch at the Venus Bay Community Centre - walk-ins welcome, for enquiries call 5663 7499.

When: 12.00pm, Wednesdays.

Where: Venus Bay Community Centre.

Cost: Free.